

# WELCOME

## TO THE FIRST FENG SHUI POSITIONS CLASS!

# Fundamentals

## OUR MOTTO'S

1. "Give someone a fish and they will eat for a day. Teach them how to fish and you will feed them for a lifetime."

This is a very old saying. One of the things Aur does differently to other feng shui experts is that she doesn't *read* for people. She doesn't give "cures" for their specific situation. She has retired from consulting.

If Aur was to tell you how to fix your house you will get an answer only for that situation. But if you learn how feng shui works for yourself, you can use it for the rest of your life.

You can use it to help yourself in all situations. And your family, and friends too.

This is why it is important for us that you understand what Aur teaches. This is not something to use as a profession. It's something that **can help you** in your life. Right now and forever after.

2. "Your life, your choice, your destiny."

Everything we do, whether it is feng shui or taksa it, is only 20% of the whole story. The other 80% is you. Your actions and your thoughts.

Even if you calculate your Feng Shui or your Taksa to find the right thing to do, if you still want to do something your way instead then it is your life, your choice and your destiny.

Nobody else's.

You are both the person who creates and receives your own karma.

Also, even in the TV show when Aur would suggest a change, some people would still say that they don't want to change, or like things are they are but still want Aur to fix the negative side effects for them. But that's not how nature works. You can't change nature. You can only use it in a way to get what you want.

So, it's your Life, your Choice, your Destiny. If you can accept the consequences, do whatever you like.

Example

We went to see a house in Australia, and Aur told the owner what colors were right for the house. But, instead of taking Aur's advice, the woman said that she didn't like the colors Aur was suggesting and wouldn't change.

To that Aur answered, it's your life, your choice and your destiny. You can't get the good effects of those colors if you don't use them.

We can only provide the tools. It is up to you if you use them or not.

Karma is usually what we want. We follow the same patterns over and over again because of desire. We do whatever we want. Not what is right.

And usually the things that we want are not good for us. Which brings us to:

3. "Good is not the same as nice".

Simply because something feels nice or comfy, doesn't mean that it is good for you.

Most everything that's good for you, you don't like. (exercise, diet etc) Humans tend to like everything that's bad for us (chocolate, laziness, or look at your exes).

When you become Aur's student, you should know that you become like her children. It doesn't matter how old you are what you do, if you make a mistake or do something that is bad for you, she will yell at you.

When I (Vick) first came to study with Aur, I liked to be polite and (what I thought to be) well mannered. I was trying to be nice but I didn't know how to be "good".

One of the things that I used to believe in is that it isn't good to fight. I would literally walk away from any confrontation or try to smooth over problems as soon as they arose. If I couldn't smooth them over, I would avoid them or act like they weren't there (learned that from my family).

But Aur showed me a different way. She said that you had to fight to get a solution.

Another example:

When I used to do something wrong Aur would tell her whole community about it. At the beginning I hated it so much. It was like airing your dirty laundry in public.

( I still get a little uncomfortable about it, I am a Sunday after all).

For most, if you tell a bad thing about somebody to a lot of people it will make that person feel embarrassed.

But Aur's intention was different.

She used people's mistakes to teach. It was never to make them embarrassed or feel bad. It was to show a bad side we all have. Something that could have happened to any of us. A way to literally learn from other's mistakes.

It makes logical sense... but it was still difficult to adjust to.

I grew up in Australia within a Catholic family. One of the things I grew up believing was that was not good to fight or have problems.

(I literally remember my mum teaching me to avoid confrontation)

So, I grew up thinking that you should smooth over problems. Whereas with Aur it's the opposite. Her style is to fight and put it all out there to get a solution.

Aur stresses that if you have a community where whatever you do, everybody will accept it, then you don't have to hide anything or pretend to be good.

She also calls this "Good Feng Shui". Especially if it is your family.

One of the things that Aur talks about is how people hide a lot of things from each other, afraid that they won't be accepted. Afraid to be judged by others.

So, one of the things that Aur does with her students in her inner circle or the one's here in Thailand is make sure everybody knows the good and the bad of each other.

We all know each other's dirty little secrets. This makes everyone comfortable with each other. There is no judging. We are all human. We all have good and bad.

After learning Feng Shui and Taksa you can't hide anything anyway.

(Taksa is Aur's personality profiling system. It's also known as weekday astrology. Astrology according to the week that you were born.)

## Facilitators

### Vick

My name is Vick and I have been a student of Aur's for about 7 years.

It's my mission in life to share what Aur teaches with the world. Before meeting me she only taught in Thailand. I have been - quote - "forcing" her to teach the whole world.

This is what we are trying to do in these online courses. We are trying to provide a platform to be able to share this unique knowledge with everyone in the world. What I love most is seeing so many people joining us from all over the world.

### Aur

Aur is the expert in Feng Shui, Taksa, No Heng. Her feng shui is totally different from other. She was once called by an Australian magazine as the "No Bull Shit" Feng Shui expert.

## What to expect?

If you have been in any spiritual classes before, you might be used to soft and sweet words whispered in a monkly fashion.

Maybe you've also heard a lot about "energy" and "chi".

But...

Aur's style of teaching is completely different.

It's frank, honest, blunt, fluid and results oriented.

That could sometimes mean telling some hard truths and some uncomfortable self-discovery.

If you do or say something wrong, she will be the first to yell at you. But, she will only yell at you because she is trying to help you change, and that is just Aur's style.

(Aur apologizes if you don't like her method of teaching.)

Once you are Aur's student, you're her student for a lifetime. In fact, most of her students have been with her for more than ten years.

At the beginning when she yells at them nobody likes it.

But when time passes by they begin to love it. Because they feel like not even their parents nag like her and try to help them as much to become better people.

She doesn't judge anyone. She knows you more than you know yourself. Aur can do a lot to help you, but just be patient.

The main thing is:

Aur isn't going to talk about chi or chakras or bagua wheels, or anything like that. Instead, she will get straight to the point. Like, if your husband is not performing sexually because of your bedroom's position. Or if your kitchen's position shows that whatever you cook looks terrible but tastes great.

Aur don't like to talk about chi. Because, most people don't even know what it really means and it is difficult to understand enough to be useful. Although our bodies and our houses all have chi, there is no point in knowing it if you don't know how to use it.

The weird thing is that a lot of feng shui masters out there say chi this and chi that, while Aur wonders if they really understand what that word really means.

(ps. Chi is what is created when elements interact. For example the sound when waves hit a rock. Or storms created when hot and cold air collide.)

# Each class

Here's what you can expect from in each of the upcoming classes:

**Feng shui positions, principles and more**

**Homework and practice**

**Slides and class summaries (like these)**

**Questions and answers**

# Fundamentals

- **What is Feng Shui, really?**
- **The 9 areas of influences.**

If you have read our book called *Your home reveals everything*, then the first few classes are going to have a lot of principles you are already familiar with. So, these classes will be a good way to review everything you've read. But, throughout this course, Aur will also provide a lot of examples and information unseen elsewhere.

## What is feng shui?

Feng Shui is not what most people think it is. Most people think that feng shui is about peace, tranquility, and de-cluttering. To have a plant or water feature in your house.

Let's ask Aur what is real Feng Shui is.

Feng shui means wind and water. Feng Shui is about the elements.

Westerners say that everything is connected.

But...

No one can describe what is connecting it all together. Everything on earth - including humans - are made from the same four elements. This is what it means when they say we are all connected.

It is through the elements.

That is where the butterfly effect comes from. Or why, if we put a lot of women together, their menstrual cycles tend to sync. It's also why when a husband and wife stay together for a long time they start to look and act similar.

For Aur...

Feng Shui means the four elements.

10,000 years ago, you didn't have electricity. So people tried to understand and use the elements as much as possible to live better and more comfortable lives.

At first, they tried to beat nature but soon realized that they couldn't. So instead, they tried to understand it, accept and use it to their benefit.

For example;

If you watch Chinese movies like the three kingdoms:

One person there knew that the wind was going to blow in a certain direction and if they wanted to use fire to burn their enemy, the wind would change direction within a few hours to do so.

But sometimes, instead of burning the enemy, changing winds could mean that the fire intended for them could burn you. So, if you didn't know weather patterns, it could mean destruction.

That is why - in the past - you needed to completely understand when and how the wind was going to change and when the water would shift.

## **Where's the Chi?**

People say that a chakra is where the energy (chi) flows through your body. But what everyone says about chakras is totally wrong. When you say chakras in your body, they are simply the places where all your nerves cross.

For example:

If you hurt your neck, you can do acupuncture on your feet to help. Because all the nerves are connected to each other. But, if you apply the acupuncture directly to the location of the pain, it won't heal quickly.

That's because to completely cure an issue, you must take away the element creating it. For example, if you put out a fire, all the ingredients for a fire are still there, just not ablaze at that moment. This means that the fire could return and that the problem isn't really fixed.

However, if you remove the fuel source, the fire will never come back. That's a real solution to the problem.

Similarly, if you're hurt someplace, by massaging that particular spot, you could create an infection if the pain is due to unseen bruising. You need to understand the origin of the problem and fix it there, not where the symptom is.

## **What kind of Chi is this?**

The core explanation of what chi actually is, is that "Chi" is the power or reaction created when elements react with each other.

When water hits a rock, it creates kinetic energy, changes in air patterns around it, or sound. This is all Chi.

When two or multiple elements hit or interact with each other, the result or the next thing that is created is called chi.

## **How does this apply to a home?**

When it comes to a property, you need to know when and from where the wind will come.



You also need to know what each element does. For example, if you are going to put wood in your house, where should you put it? Or how should you decorate your rooms for the right airflow? Not all airflow is right. For example, just by opening a swinging door from a laundry room to the kitchen can create changes to airflow carrying laundry chemicals over to your cooking area.

Chi is a difficult and complex topic. For all means and purposes we won't talk too much about it in this particular class. BUT. It is something to keep in mind.

## Feng shui factors

- **Climate**
- **Geography**
- **Culture**
- **People**

Other experts give you the idea that feng shui can be generalized. But honestly speaking, it cannot be. At the most fundamental level, there are four factors that change Feng Shui.

### Climate

The Feng Shui that's right for one house, in one climate, region of the world will be completely different in another.

Houses in a dry climate shouldn't be built in the same way as houses in a humid one. Although this is exactly what is happening in today's property market. House designs originally created for European weather are being used in hot climates like Florida and Thailand.

This creates various problems to do with airflow, moisture, heat exposure and more. For example, having a Sunroom in Florida will make you sick. Whereas having the same sunroom in England can help you stay healthy.

### Geography

Feng Shui changes according to the surrounding area. For example, living in the mountains is different from living on the coast.

People living close to the beach will have a lot of problems with freckles. And over time will develop skin and kidney issues too. This is because of the salt particles they inhale every day.

That's why Feng Shui must be read differently depending on the location.

## Culture

What is good for one culture isn't for another.

Here in Thailand a lot of traditional houses have the kitchen outside the building because they want to keep the smoke and the bugs away from the rest of the property. Whereas Western families wouldn't think of putting their kitchen outside.

Also, whereas Westerners each sleep in their own room from a young age, Thai families often all sleep together in one big room. Even when the children are grown up.

## People

Lastly, Feng Shui is different for all of us. Each one of us need different things. That's why Feng shui cannot be perfect for every person in a single house. There must be balance. What is good for one will not be good for another.

Each person's career, age, gender, likes, dislikes, strengths and weaknesses should be considered when looking at Feng Shui. It needs to cater specifically to that person's circumstances.

For example, Aur often teaches that if your toilet is perpendicular to the road, it means you spend all your money each month. For most people, this is undesirable. But if you are a trader, someone that buys and sells products, you need to spend as much money as possible because that's how you make even more money.

This happened to a student of Aur's. She "fixed" someone's toilet and almost ruined their career.

# 9 positions



3 Woman	2 3 <sup>rd</sup> Sex Adult	1 Man
4 Teen Girl	9 Family	8 Teen Boy
5 Girl	6 3 <sup>rd</sup> Sex Child	7 Boy

This simple grid is the basis of everything you will learn over the coming 8 weeks.

Please memorize these positions. (the colors are just to help you remember)

In every property...

The right-hand side of the property will be influenced by masculine qualities, whereas the left hand side will be influenced by female characteristics. This is the fundamental Ying and Yang of Feng Shui.

Down the center you will have a mixture, where male and female forces. We call this the gay or lesbian character. Different from a pure masculine or woman character, unique and of itself.

Many thousands of years ago the emperor of a country even in China and Japan, would have to have sex with a male to gain power. That's why they have the middle one.

Even ancient samurai would have a same sex partner throughout their whole life. They would engage in sex to gain power and understanding.

This is because in the past the sex was not only for pleasure. That's why Indians also have the Kama Sutra. Where you are transfer power or energy from one person to another. This is the reason the middle grids are present.

As you can see, each area of the grid is numbered. But, it has nothing to do with any numerology systems you have studied with us. **The numbers here do not represent the elements.** They are purely for labeling. You could name each grid area whatever you wanted. This is what each label represents:

**Number 1 - man area**

**Number 2 – 3<sup>rd</sup> sex adult**

**Number 3 - woman**

**Number 4 - teen girl**

**Number 5 – girl**

**Number 6 – 3<sup>rd</sup> sex child**

**Number 7 – boy**

**Number 8 – teen boy**

**Number 9 – family**

As you can see from the image on the last page, the closer you get to the road, the younger the character of influence. Whereas the further back, the older.

We call the middle area, the family area, but Aur also refers to it as the garbage area. Because everything gets thrown in there.

The reason I like to call it the family area because nothing is ever done alone in there. It's either all or nothing.

(This is also the area that Aur calls the “swinging” area.)

## How do these areas influence us?

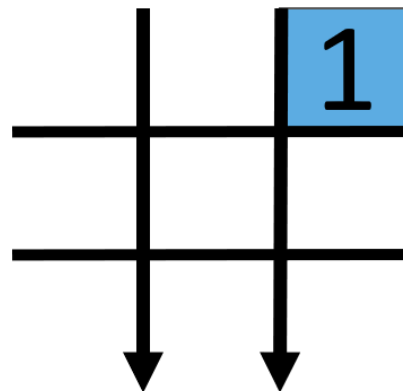
It is not like you would suddenly start acting like a teenage girl or a young girl if you stood in those areas. Even the characters of man and woman are just made up for you to understand the underlying universal forces we know as masculine and feminine.

In essence, each area brings out or emphasizes certain characteristics already within you which are associated to these gender characters. For example, when working in the man area, you may feel more confident and like to think up big ambitious goals (we all can do that). Whereas if you moved your office into the woman area, you would find yourself to become more detail focused and start to plan more.

Again, this is something we all have inside us. The positions simply amplify certain traits within our own personality.

## Number 1 - Man area

- **Competition**
- **Unorganized**
- **Single minded**
- **Hard worker**
- **Ambitious**
- **Big thinker**
- **Easy to be bored**
- **Not good with details**



Remember, a man from the past is very different from a man from the present. Lots things have changed.

Women have been taking birth control pills for a long time now. These pills are hormones. When they go into the water, men drink it and they too start to have more female hormones in their system. That's why the present man has characteristics of a woman like nagging and emotion.

That's why Feng Shui has changed. Because we have changed.

Overall, someone who sleep in this area will be influenced by the general characteristics of a pure male.

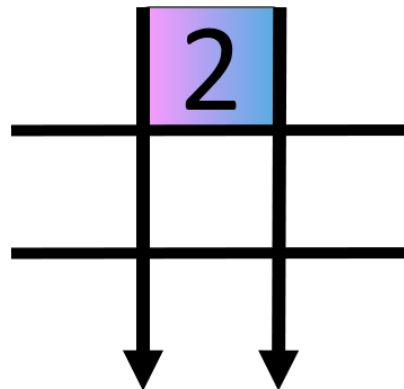
They don't like to explain things much. Instead they will feel like they have already done it, so why should they explain it all again. (This is especially apparent when this area is a work area)

But this can create problems because, they can't explain things properly in ways that allows other people to understand. They also have their own way of thinking and managing themselves.

It very difficult for them to tell other people what to do.

## Number2 - 3<sup>rd</sup> Sex Adult area

- **Wants attention**
- **Opinionated**
- **Thinks differently**
- **Creative**
- **Doesn't like change**
- **Slow to trust others**



In the past if you were someone of the third sex, you were not accepted by society. But, at this present time people are more open to it. This also shows in Feng Shui. Just within the last 10 years, this Feng Shui area has changed. Now this area characterizes confidence (whereas it didn't before), people in this area also tend to speak up when they don't like something.

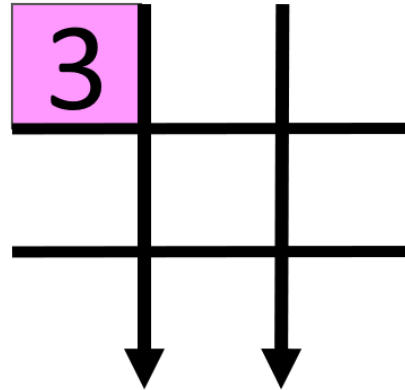
They will also speak directly and bluntly.

This position characterizes someone who doesn't trust anyone except themselves. If they have you as a friend since they were young, then they will keep you as a part of their life for a long time. But, when they meet new people, it is difficult to let that person into their life.

It takes a lot of time for people to get close to them.

## Number 3 – Woman area

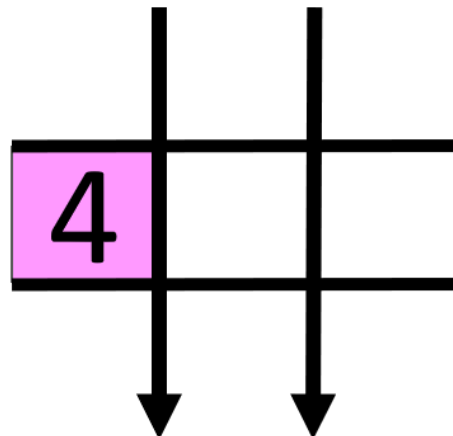
- Detail oriented
- Emotional
- Punctual
- Routine
- Multitasking
- Organized



When something goes wrong in a woman's life, they always blame someone else. Women also tend to speak opposite to how they really feel. We train our children not to lie but we are not honest about how we feel and what we think, either.

## Number 4 - Teenage Girl area

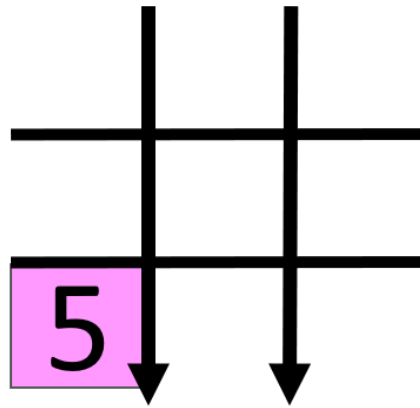
- Follows peers
- Good at routine
- Argumentative
- Needs structure
- Responsible
- Short tempered
- Private



Teenage girls tend to love comfort and to be in the spot light. They are crazy about brands and are often vain. This is all because of a deep desire to be accepted by society. For them, it's often not about who you are, anymore but the materials you have around you.

## Number 5 - Girl

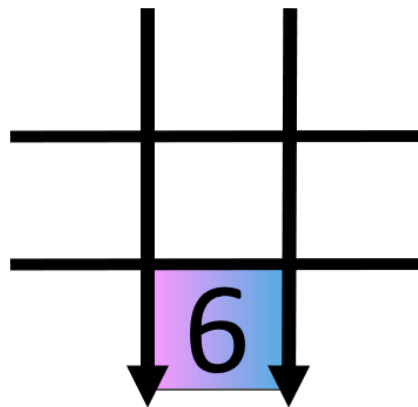
- Acts from emotion
- Bossy
- Daydreamers
- Loves attention
- Clumsy
- Care giving
- Risk averse



Kids like to copy from their parents or surrounding. People who stay or work in this area will not be confident though they act like one. You care what other people think or judge. Technically you are not confident even though you act like one.

## Number 6 – 3<sup>rd</sup> Sex child

- Quiet
- Indecisive
- In own world
- Withdrawn
- Never says no
- Lacks confidence
- Unappreciated



It doesn't matter how good you are you will not be confident in this area. You won't be able to understand who you are. They do not trust anyone so they don't speak.



They can't explain their feelings and they don't like to be alone because they fear to be left behind. Some of them try to pretend to be normal.

People who stay or work here will never be appreciated. There was a person Aur knew who worked in this area at a university. He made a million for the university but no one cared or appreciated.

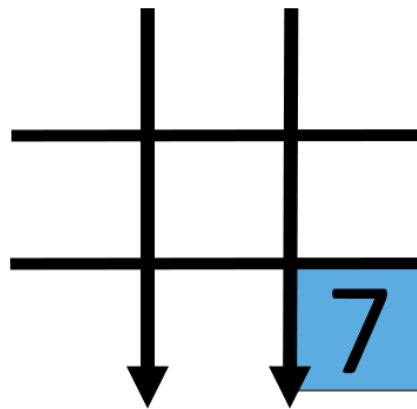
Most department stores have a door in that area. It means every single customer who comes in don't care about anything. They don't plan. They just walk in.

The position of the door tells you how people are going to act when they walk in. People don't use the front door anymore. They park the car and use the back door.

This shows that they are not being completely honest with everything. They want to be private. But this also depends on the area the front door is.

## Number 7 – Boy area

- **Attention seeking**
- **Loves “new”**
- **Good with people**
- **In their own world**
- **Never sits still**
- **Careless**
- **Dislikes routine**



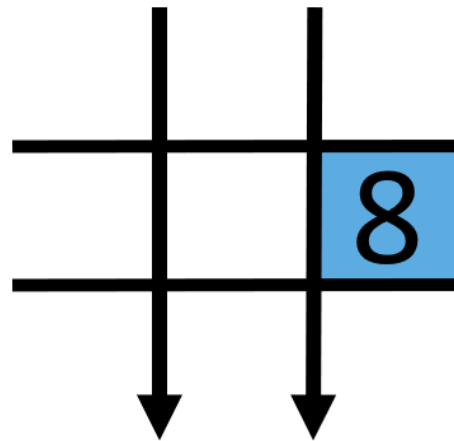
They love to speak nice and be very polite. They don't like people nag or yell at them. They don't like to make decisions. They love to learn and do new things. They won't stay in one position. They love moving and activity.

They feel like they are private, but the kids these days don't need to play with others. They can play on their own with a computer for a long time.

You should be careful because kids sleeping in this area will end up being a coward. This area makes a person not sure of themselves. If there is a fight, they like to run away instead of fighting.

## Number 8 - Teen boy area

- Likes challenges
- Good talker
- Risk taker
- Acts fast
- Adaptable
- Lacks confidence
- Doesn't plan

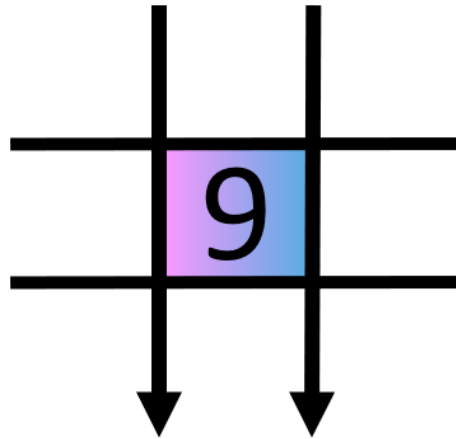


The best place for a good manager is not to do anything but to just use your brain and tell other people what to do. This area will make a person look good. Not handsome but look good. You can make decisions easily without thinking too much. You don't like to do it yourself but you let others do it for you. You use your brains more than your actions. You try to be unique.

Aur gave this area to the CEO of NIKE. She thought that a CEO has to walk and talk to other people. He needs to get to them and know what is happening in a company. If you sit in an area that makes you focus only on your computer then you are not going to be able to focus on your company.

## Number 9 – Family area.

- Never alone
- Sensitive emotionally
- Nosey
- Commanding
- Always helping
- Always problems
- Knows value



You don't like to be alone and people in this room will always be surrounded by other people. They will run into other people's problems you can't do anything by yourself.

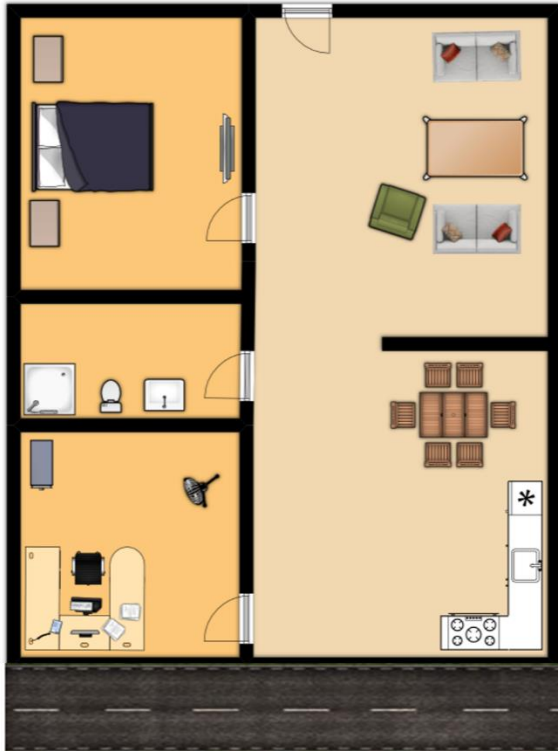
In factories Aur makes this area to be where you put all the products that needs to be distributed everything will be distributed quickly.

## The coming 8 Classes

You are going to see how within the next eight weeks you are going to know about your life and other people's life by just seeing the floor plan of a house, office building or restaurants.

Aur will look at the floor plan and read about the personality or the life style of any person living there. Always focus on where the main gate into the property is. That's how we align the Feng Shui grid over a property. But more on that next class.

# Example 1.



3 Woman	2 3 <sup>rd</sup> Sex Adult	1 Man
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The Kitchen reveals a home's family dynamics and your behavior when eating.

## **Kitchen is in the #7 position.**

Think of all the characteristics of a boy. When you have a kitchen here you will not cook a lot. Remember that boys don't like to cook.

People in this position will to cook weird thing and will be trying new dishes all the time.

Most people who live in a condo have their kitchens in front. They will make only coffee only which will never taste the same every day.

## **The living area is in the man's position.**

It shows the story of how the person living here is with the society.

This position will be used usually only if a lot of people come. Normally you usually don't get a bunch of people come home every day.

The man area is always about something big and the living room is to socialize. So this means that this room will be used only when you have multiple people coming into the house.

In recent years you don't get many people coming in the house so Aur reads that this room will not be used often.

## **Toilet is in the teenage girl area.**

Toilet reveal how you spend your money.

If the toilet is directed to or away from the road it shows that you will waste money.

If the toilet is parallel to the road, it means that you will be able to manage the money through the month.

The toilet in this example shows you that this person uses a lot of money.

Front door is in the 3<sup>rd</sup> sex adult area

He loves to buy a lot a weird things secretly. It's private and different to other people.

## **The bedroom**

The bedroom shows the characteristics of you who you are.

If there are two people sleeping in the bedroom there will be one sleeping to the back and the other sleeping to the front.

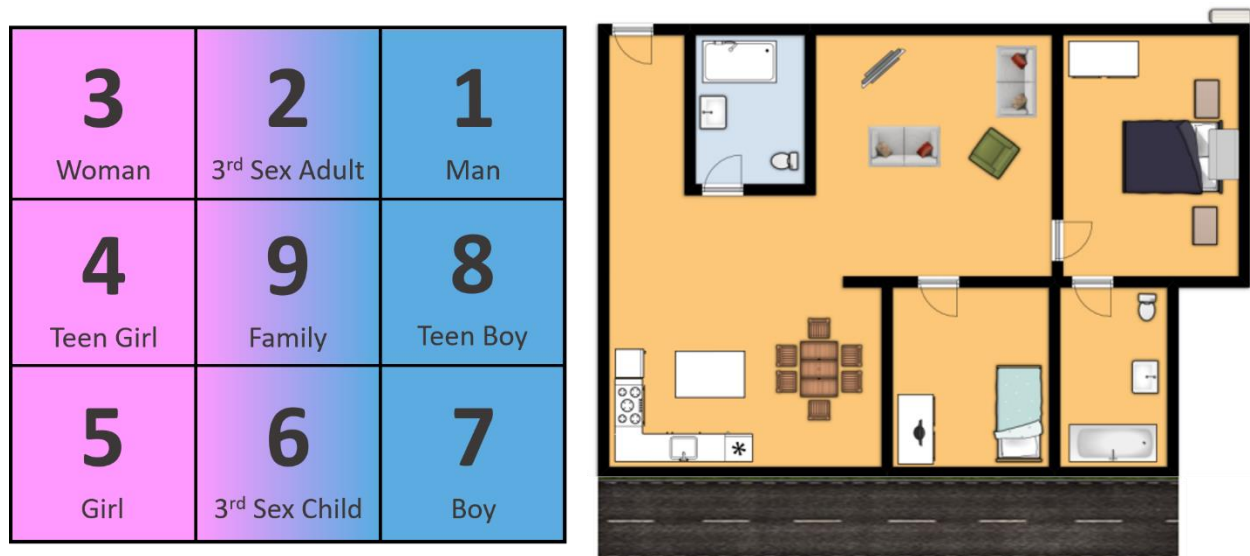
Similarly you might have one person to the right and the other to the left.

The one closer to the back of the property means you are going to be closer to the adult area. You will have more authority in the relationship than the person who is sleeping in the front of the house.

When you see the position the person sleeping at the back will have more personality of that woman .position where as the person sleeping in front of the property will have some of that teenage girl influence as well.

People have different characters when working and at home. Your working area tells you about how the person works.

## Example 2



### Kitchen in the girl position.

Eats food that are simple like a sandwich. They won't have time to do much. Will not cook from home but eat out.

When the kitchen is in the front of the house which the child area, they don't like to spend time cooking. They usually buy and heat it up.

Bathroom in the boy position and another in the woman area.

Master bedroom has its own toilet. It will show how the person spends money for himself and not for the whole house. If a toilet is shared it will show the finances of everyone in the house. It all depends on who uses the toilet.

### Boy position.

The person who stays in the master bedroom spends a lot of money, on things that are not valuable. You can tell this by looking at the position the toilet is in and also it is facing the road.

He will not spend much socially. Shows that he won't have much friends and will not go out.  
Aur's reads this because the social toilet is parallel to the road.

## **Man area- bedroom**

Bed should be parallel to the road. If you direct it to the road, then you will have problems with your brain. Headache, neck, back pain.

Very private, picky and wants everything fast.

## **Next class**

- **How to find the positions**
- **Property shapes and their effects**

## **Q&A**

**What happens when a room is in the two positions at once?**

The personalities of both positions must be mixed when reading.