

# WELCOME TO CLASS 3 FENG SHUI POSITIONS.

## Before we start

Let's look at some examples sent in by students. Btw, do please send in your floorplans (floorplanner.com is great to make an accurate one for free), that way we can use them in future classes as examples.

## Example 1



This community that has been broken up into five properties. The shape of all the houses put together gives the shape of a horseshoe.

What do you think Aur will tell us about this shape?

Aur: Actually, it is not important to look at the shape because the owners of each unit are different people.

So, the horseshoe effect would not be a factor here.

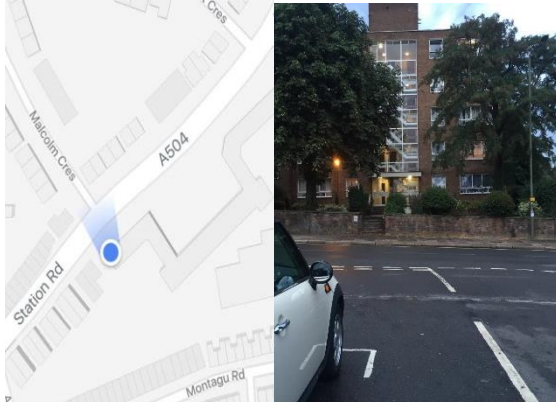
It would only be necessary to look at the entire picture if you owned all the units, perhaps to rent them out.

The entrance for the whole community is #6, which is like most department stores.

People living in this compound will complain a lot, but not aloud. They will tend to gossip behind each other's back without seeing any result at all. Also, because the location of the entrance is in the #6 area, no matter how much you try to improve your house, it will always be the same.

Quick quiz: Which position is the house with the red out line? The woman's position.

## Example 2



Although it may look like it at first, this is not a direct hit. For it to be a direct hit, 1. the door needs to align directly with the road and 2., there needs to be a street at the back of the property.

Remember, a direct hit means that the wind “cuts through” the property.

We can also see from the image that there are large trees in front of the building.

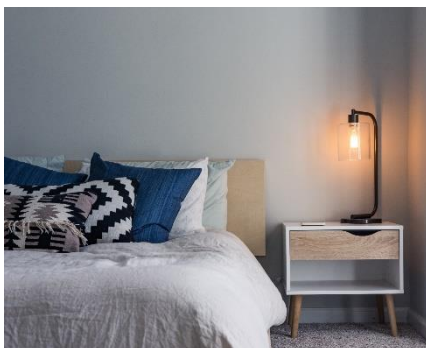
This will protect those living there by reducing the vibrations and pollution that reach the property from the movement of cars.

# CLASS 3: ROOMS

## What is the “meaning” of a room?

Firstly, each room represents a different area of life. But, it also reveals our specific habits and behavior while interacting with that area and the objects within it.

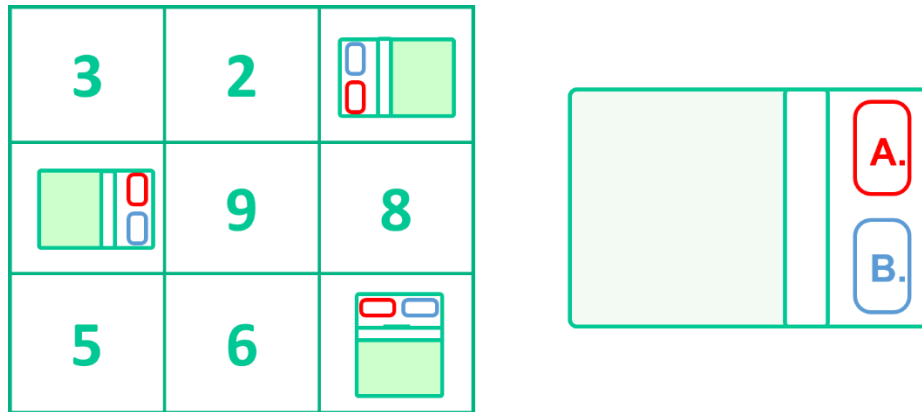
## The Bedroom



- **It represents your personality and romantic relationship.**  
If you are sleeping there with your partner it shows how you and your partner interact with each other, even the problems you will have with each other.
- **It reveals your sleeping habits and your sexual habits.**  
(All the actions that you take in that room)
- **It specifically shows how your habits affect your health.**

## A few fundamental details.

The side of the bed you sleep in represents dominance in a relationship. Which position is going to influence you most?



### Take a look at the example in the #1 Area

**Person A** (red pillow) sleeps closer to the road than person **B** (blue pillow). The person who sleeps further back in the property will naturally have more dominance in a relationship. This is because the position that they are in is higher in influence.

Think about it...

In normal day to day life, a child will have less influence than an adult.

So somebody who is closer to the adult area of the property will have more influence than the person who is closer to the child area of the property – makes sense, right?

This is why children who sleep in the #1, #2, #3 position of a house will be very stubborn.

It will be difficult to teach them because they will not believe you that much. According to feng shui it's better if children sleep in the #5, #6, #7 areas.

Most modern houses use the front of the building as the master bedroom.

But...

Did you know that in the past the rooms that were in front of a building were for guards or slaves to sleep? This was because they would then be killed first when an enemy invaded, giving the owner time to try and escape.

But, times have changed. Most of us don't need to worry about invaders.

We have changed the whole concept to focus purely on comfort and aesthetics. People tend to like staying in the front area. So, they essentially put themselves in the guard or the slave position.

In turn...

This makes them have to work constantly and it means that they will have somebody always commanding them.

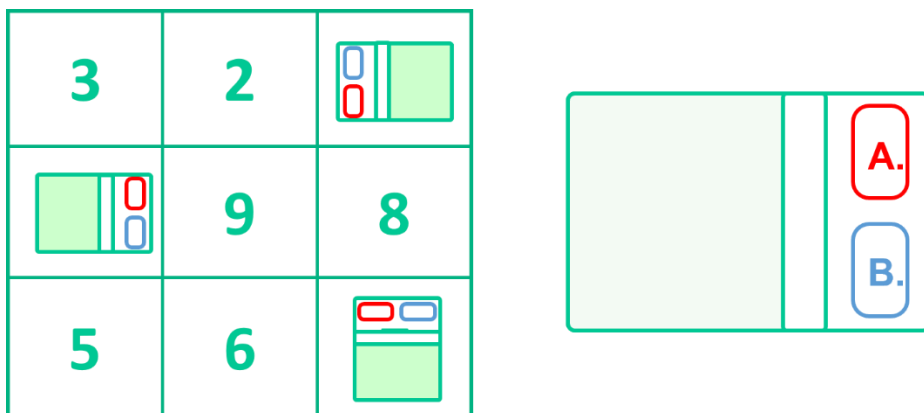
Keep in mind that everybody has a different way of dominating and influencing.

It doesn't always mean that somebody will command the other. In some cases, the person who has more dominance might not even talk as much as the other. They might simply have a natural influence over the other. Perhaps the person in front of the property might just take care of the person at the back.

It depends on the individuals. But, one thing is for sure, those further back have more dominance/ importance.

Btw, you might even see the person at the back of the property take care of the person in front of the property.

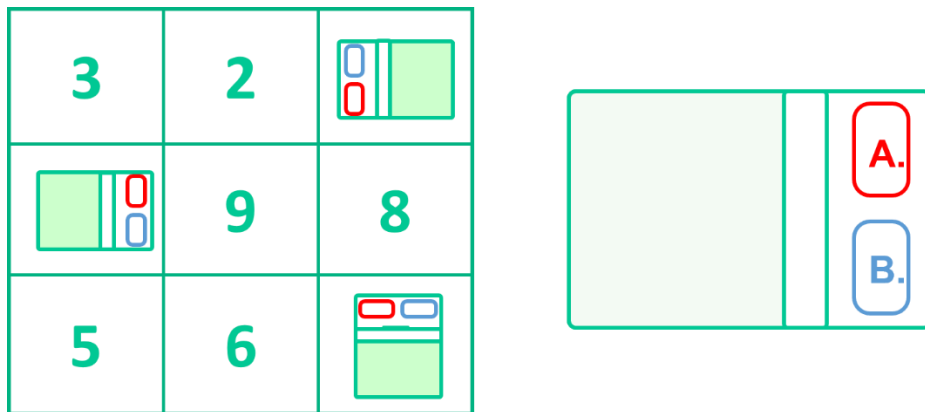
You must think about it as the further back someone sleeps, the more "authority" they have in the relationship.



### The example in the 4 Area

Here it is the other way around.

Now A sleeps closer to the back and B to the road. However, person **A** will also be influenced more by the woman position where as B (the blue pillow) will be influenced by the young girl(5) position. This demonstrates that the side of the bed also reveals what areas influences their personality the most.



### The bed in the 7 Area

Now, both A and B are sleeping at equal distance from the road and back of the property.

**A** is sleeping closer to the 3<sup>rd</sup> sex child position, and **B** closer to the young boy position. This shows us that **B** will have more influence from the young boy (7) position. So, when reading **B**, we can see them almost as purely that character.

On the other hand, **A** will be read by the young boy as well as the 3<sup>rd</sup> sex child position.

Do you see how subtly the change of personality occurs? There is a lot of detailing in Feng Shui and don't worry if you are not getting it right. It takes a lot of practice.

Now do you see how two people with similar characteristics sleeping on the same bed will be different?

The only way we wouldn't read it differently would be if they literally slept on top of each other.

*(ps. Aur said even bunk beds can be read differently though)*

### Parallel vs Perpendicular

Perpendicular to the road means when the foot or the head of your bed is facing the road. Whereas, parallel is when the side of the bed runs parallel to the road.

**Aur recommends placing the bed parallel to the road.**

The reason this is so important is because the road gives off subtle vibrations and affects the earth's magnetic field, and, our body.

Our body's nervous system is electric. When we sleep, electromagnetic energy is released from our head and foot.

This is the reason people from the past people sleep with something covering their head and feet like a hat and socks.

Because, these two areas are highly sensitive as we sleep.

If the foot of your bed is facing the road, these vibrations and electromagnetic frequencies will influence your body. Over time, you will develop problems with the nerves in your legs and feet.

Whereas if the head of your bed is facing toward the road you will have problems with your brain and eyesight. You'll start to have blurry vision and won't be able to think properly.

Your neck and shoulders will also start giving you trouble too.

So, it is always best to sleep parallel to the road.

Either side of your bed, the left or the right-hand side could be facing the road.

This way:

The energy or the vibrations from the road won't directly hit your feet or your head. They will just wave over you. You will have better sleep and long-term health.

## Points to remember

### Yin and Yang

Do you see how everything Aur teaches is connected?

But, don't simply believe us.

Test it for yourself and use logic as your guide.

Spiritual teachers usually say that you can have perfect Feng Shui, a perfect life or receive a perfect cure for your ailments. They also say that if you follow their advice, you will never have another problem in your life again.

### **Is that even possible??**

Everything in life has Yin and Yang, Good and bad.

And, everything Good has a little bad, and everything bad has a little good. So, nothing can ever be totally good or bad.

One of the things Aur teaches is how she sees life. She doesn't ever wish *not* to have problems. In fact, she loves problem. Because the more problems she has and can figure out, the better and stronger she becomes.

Just like a tree, if your roots are deep and strong, there is no need to be concerned about any storm. You can stand through it all.

## Good and Nice

Another thing to keep in mind is this:

Like we said, there is a good and a bad side to everything. When you pick a bedroom for yourself, make sure to pick what is Good for you, not just picking something that is Nice or comfy.

Just because you want to sleep in late, doesn't mean it's good for you and your family.

## Privacy

Some people like to see their bedroom door from their bed to see who is coming. Did you know that the Kings of ancient times, either had their bedroom in the middle or at the back of the palace?

This is because they wanted their privacy and didn't want anybody to see what they were doing.

If their bedroom was visible from the entrance, or if their bed was visible from the entrance of the room, they would have a partition to the direct line of sight to maintain privacy. That way, even if the door opens, there was a moment of warning.

It's also a totally different feeling when you open the door and see your feet vs when you open the door and see the side of the bed.

Remember, if you want to be as good as Aur, you need to think like her. In great detail and endeavor to understand true human motivation for their actions.

## Swinging doors

Where ever possible, Aur recommends having sliding doors instead of swinging doors.

Because you change direction of the wind and the four elements when you use a swinging door. The four elements in your house affects you.

Let`s say for example if you have a kitchen and a living room attached to each other, when using a swinging door, you bring in all the smoke or food particles into the living room which will have an adverse effect on your health.

Another important area is when the laundry and kitchen are connected (often the case). Because if a laundry door swings into the kitchen, it brings in all the chemicals from the laundry room into the kitchen where food is prepared.

That`s how detailed we must be when looking at Feng Shui. You must see what the air brings when you swing open a door.

Aur doesn`t recommend any houses to have a kitchen or laundry room close to the bedroom either because every time you cook the smoke is dangerous for your lungs and kidneys. A similar impact occurs from chemicals inhaled.

## Bad bedroom Feng Shui

- TV`s
- Air conditions
- Books
- Water features
- Salt lamps
- Fans
- Mirrors

## Television

Just like the road any electronic device such as television, computers, and air conditions also have electromagnetic energy, radiation and vibrations which cause us harm. Any large appliance will have these effects, so avoid having it at the head or foot of the bed.



It's less probable that you have a TV at the head of the bed, but having a TV at the foot of the bed has become a common practice.

Unplugging them after use is pointless unless done hours prior to going to bed, because the electromagnetic charge remains active for multiple hours after.

## Ac and fan

Things that make the air cold should not be placed at your head or feet at night. Again, this is because of the damage it can cause to your nerves. Mainly because our body releases heat from the head and feet at night.

So...

If you put a fan pointing directly to your feet or head it will reduce the temperature, in turn, reducing the blood flow to these areas.

In regards with the head, reduced blood flow will cause blurry vision, and reduced cognitive ability. You won't wake up properly and it will be impossible to have a clear mind.

If it's your feet, the problems will be with your nerves and joints in your lower body.

That's why it's always better to have air conditioning or fans to the side of you.

## Salt lamps



Lots of "spiritual" people recommend having salt lamps – except for Aur.

If you think about it:

Living close to the ocean will make you have more wrinkles, dryer skin, plus kidney, muscle and nerve problems over time. Basically, it will make you age quicker.

Why?

When the salt water from the sea evaporates the salt in it evaporates with it and you literally end up breathing in salt. This has a real impact on your health.

Same thing happens with the salt lamps.

## Mirrors

Mirrors have a metal backing. When our body release electromagnetics energy it will have a similar effect as having a TV at the end of your bed. This is because all electromagnetic energy will also bounce off the metal and interfere with you own body's energy.

## Connecting the Bedroom with the Positions.

We have learnt before that different areas of a person's personality and habits are impacted on the positions of the different rooms in their house.

The bedroom shows your inner personality.

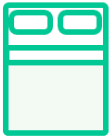
It reveals how you are when you are alone. Not how you are when you are around your friends or family. This is your real, core personality.

Let's run through the nine positions which you have already learned and connect them to your habits and personalities.

### If your bedroom is in the #1 Position:

#### Personality and habits

- Confident
- Deep sleeper
- Big picture
- Single minded
- Stubborn
- Likes to stay in their room
- Straight forward
- Feels in charge
- Result driven
- Bored quickly

3	2	
4	9	8
5	6	7

These are all qualities you can see in an alpha male.

If you sleep in this position, you will find it difficult to sleep. But when you do sleep, you will sleep deeply. However, you won't want to get up. You'll always want more sleep.

## Sex

If you sleep here, you will be like a man, wanting a fun and adventurous sex life. You will be the kind of person who likes to spice things up, perhaps even using sex toys.

## Health and issues

You won't sleep at the same time every day.

But, when someone doesn't sleep between 10pm – 3am, their body won't release growth hormones, and your body's systems won't work properly.


Your brain won't have the proper time to rest. This all in turn affects your digestive system. When you digestive system doesn't work properly, your muscles and nerves will start having problems too.

If you sleep here, you will be stressed often and want to control everything. It's easy for you to get a headache and have blurry vision.

## If your bedroom is in the #2 position

### Personality and habits

- Everything is based on mood.
- Private about personal life.
- Thinks they are perfect
- Creative
- Don't like change
- Open minded
- Thinks a lot
- Emotional
- Goes to bed at different times.
- Likes to be on their own

3		1
4	9	8
5	6	7

Their habits are never according to a routine. Everything depends on their mood. Before sleeping they will toss and turn until you find a comfortable position. Can't fall asleep at once.

## Sex

If you sleep here, everything will depend only your mood. You won't care if it's good or fun. You'll only care if you're in the mood for it or not.

## Health and issues

In this position you will sleep deeply but you'll will also wake up often. Your intestines won't be very strong, so when you poop you often feel like you still need to poop more when done.


When you eat, you'll have problems due to indigestion and you will pass gas often. You're also likely to have dry skin. This is because when you don't sleep well, your body heats up.

This can also lead to issues such as ulcers.

## If your bedroom is in the #3 Position

### Personality and habits

- Detail oriented
- Organized
- Nags a lot
- Romantic
- Emotional
- Care about appearances
- Doesn't admit being wrong
- Takes care of others
- Sleeps late, up early
- Nosey

	2	1
4	9	8
5	6	7

If you sleep here, you will pressure yourself a lot. You tend to have a need to control everything, so you like to make plans for everything. But nothing goes according to plan, so you constantly feel like you're trying to keep up with everything. This makes you extremely exhausted but at the same time, you don't like to let it all go, either.

When you lie down to sleep, your mind will still be active. You'll keep thinking of things left undone, and stress about them.

## Sex

You will tend to like predictability and affection focused sex.

Something like:

3 times a week with 15 minutes of foreplay followed by 10 minutes of intercourse in two favorite positions and then snuggling afterwards.

## Health and issues.

When sleeping here, you are most likely to have issues with your hormones. This will lead to issues with your extremities like fingers and feet. You might have frequent tingling sensations.


Also, you will suffer from stress related issues because you constantly pressure yourself. Your kidneys will be too hot which can cause hair loss, grey hair and wrinkles.

The most important thing for you is allowing yourself to relax. The issue is, you won't.

## If your bedroom is in the #4 Position

### Personality and habits

- Clean but untidy
- Insecure
- Good with routine
- Loves gossip
- Argumentative
- Jealous tendencies
- Private at home
- Needs structure
- Talented with paperwork/books

3	2	1
	9	8
5	6	7

Even when you try to sleep, you cannot. Your brain won't stop working even while asleep. You'll often feel tired when you wake up and want to go back to sleep. The good thing about this position is you can function and be active as soon as you wake up.

## Sex

If you sleep here, you'll want your partner to do everything for you. You tend to be insecure sexually.

Just like a teenage girl, she wants to please her partner and learn, but she doesn't know how.

## Health and issues

When the brain keeps working/thinking all the time your blood won't flow properly, especially to your heart and brain.

Also when you breathe in and out, you won't completely fill your lungs so you will be tired quickly.

You will also tend to have short-term memory issues. Lastly (I know it all sounds bad), you will tend to get fat easily because your digestion won't work properly.


This is a good time to remind you:

Feng Shui is 20% of your life. It's what guides our natural "auto pilot" behavior. You can change and improve your life by understanding these influences and changing your behavior and lifestyle to improve these natural weaknesses.

## If your bedroom is in the #5 Position

### Personality and habits

- Attention seeking
- Talkative
- Emotionally driven
- Doesn't sleep a lot
- Doesn't like being alone
- Only cares about looks
- Never thinks things through
- Wants to look good
- Highly imaginative
- Bossy and critical of others.

3	2	1
4	9	8
	6	7

If you sleep in this position, you won't be able to sleep for long. Somebody or something will always force you to get up. Maybe you will have to wake up early for work or your kids will wake you up.

The bad thing about this position if you sleep here, the way you speak won't make people trust or believe you.

Even if you work hard and do good, people won't ever feel it's good enough.

## Sex

If you're a guy and sleep here, you won't be interested that much in sex. At least not here. Whereas women will want affection in this position. If a woman can't have an exciting sex life, then they rather touch themselves when sleeping here.

## Health and issues

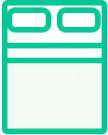
If you sleep here, there are various health risks that you face. These include:

- Diabetes
- High or low blood pressure according to what you eat
- Gas or acid reflux.
- High cholesterol.

## If your bedroom is in the #6 Position

### Personality and habits

- Goes unnoticed
- Worries a lot
- Doesn't think much
- Good with routine
- Not confident
- Room isn't always used
- Thinks differently than others
- First person people think of when they have a problem
- Active but not productive.

3	2	1
4	9	8
5		7

If you're someone who wants recognition for whatever good you do, then this position is not for you. But, if you're someone like a Wednesday person (Taksa), who wants everyone to think they are bad people, then this position is fine.

## Sex

If you sleep here, you won't have sex often and when you do have it, it won't be good anyway. People sleeping here tend to dream a lot. They know what they want, but are too lazy to do it. If you sleep here you basically won't be confident or motivated to have sex here.

So you will likely do it somewhere else.

## Health and issues


If you sleep here, you'll have a sickness that you didn't even know you had it. For example, if you're stressed, you won't even know you are. The most common health problems you'll face here are skin and allergy issues. You'll also tend to have bumpy nails and cracked lips.

One major sickness that often occurs to people sleeping here is SLE, which is a sickness which causes you to be super allergic to many things.

## If your bedroom is in the #7 Position

### Personality and habits

- Hates routine
- Playful
- Loves adventure
- Doesn't sleep much
- Careless
- Messy
- Loves to meet new people
- In their own world
- Doesn't think about others.

3	2	1
4	9	8
5	6	



If you sleep here, you'll be very active in your day to day life. You'll hardly find time to sit still. This is because of the young boy influence of this position. They always have things they want to do, see, or experience. I (Vick) sleep in this position and always feel like I should be doing something productive.

## Sex

If you're a guy, you'll be interested in sex, often too. But you'll also tend to get bored easily. So, a man sleeping here will usually have a mistress or a second wife.

Whereas a woman sleeping here won't be interested in sex. She will have other things in mind.

## Health and issue.

The most common health issues for people sleeping here are related to the heart because your blood will be too thick which means it won't flow easily.

People sleeping here are likely to have pigmentation issues such as freckles.


Lastly, they are also prone to depression and anxiety.

*(Reminder, Feng Shui is 20%, the other 80% is your own action. Once you are aware of your issues, you can change them)*

## If your bedroom is in the #8 Position

### Personality and habits

- Social
- Tidy but not clean
- Fast thinker
- Hates routine
- Cheeky
- Wants to prove themselves
- Loves challenges
- Doesn't spend time in the room
- Loves everything up to date
- Likes to show off

3	2	1
4	9	
5	6	7

You will love spending time out of the house. Or at least out of this room. If you're in this room, you'll be there to go to sleep. If you sleep here, you won't tend to have a "frame" because people sleeping here don't put themselves in a box. They think different to others.

## Sex

If you sleep here, you'll like to keep things fresh sexually. The sex will be good, especially at the beginning of a relationship and can continue to be if you keep things exciting.

*(Btw, this is the most likely position to use toys)*

## Health and issues

They are usually alert, thinking and dreaming, their brain is always working. But they can't remember what they are dreaming about.


Problems with their bones and joints, knuckles, wrist, spine and neck.

Most of the time they will be with the computer.

## If your bedroom is in the #9 Position

### Personality and habits

- Doesn't like to sleep alone
- Only one can be in power
- Knows everything that happens in the house
- Commanding with reason
- Never does anything alone
- Takes on other's problems as their own
- If weak minded, everyone in the house will control them.

3	2	1
4		8
5	6	7

If you sleep here, you will know everything going on around you. Everyone's problems will seem to be your problem. Either you will be seen as the "head" of the family, or you will be the one everyone uses to fix their problems.

## Sex

If you're sleeping here, it's unlikely you'll have a lot of sex. However, there is a caveat for that. If you have swinging or group sex here, it could happen more frequently. ( remember, everything in this area is a group thing) .

But, if you are with your partner, you'll probably start the foreplay elsewhere and finish up here.

## Health and issues

If you sleep alone, you'll usually need medication to help you fall asleep. This is because people sleeping here don't like to be alone, right? It's also the area where there is lot of energy or spirits.

Also, because you're constantly taking on other's problems, you'll have quite an active mind, often thinking about others which makes it difficult to sleep.

Other position is just wanting to know other people's business but this position they want to go help other people.

One issue you will have is that your mind will often be blurry because there are too many things in your head. So you're not sure if something is done or not.

Also, if somebody in the house is sick, you'll get sick too. Because everything comes together in this area, remember?

## Questions

### **Should I change my bedroom's position since it isn't good?**

Aur designed her house and picked her bedroom (in the #9 position) for herself. She tends to be a mother and teacher figure for everyone around her and always worries about her children and her students.

That's just who she is.

Aur explains that there isn't ever a "perfect" room. Just a room that suits your personality and lifestyle.

### **Should we use Taksa for picking which bedroom is right for us?**

It all depends on what you want. Ask yourself, and know yourself. Taksa and Feng Shui positions are two very different systems. However, as everything is connected, the one does influence the other. You just need to decide for yourself using what you have learned.

### **Every room has good and bad? How do you fix the bad when you like a certain room?**

You cannot fix it.

You must accept it and be aware of the shortcomings.

If you are aware of how nature influences you, you can take the actions and steps to balance it.

If you are sleeping in a room that makes you worry, you can focus on calming yourself down and not worrying so much. This is just an influence. Just 20% of your life. Remember that 80% is your own action and decision.

So the way that you fix it is that you fix yourself and your own behavior.

Become aware of the good and the bad, and do something about it.

### **What if your room is not in one position?**

A room is rarely only in one position. So you will need to blend the interpretations of the different areas it crosses over into.

### **Does Feng Shui affect animals?**

Yes it affects all living things including plants (trees literally grow taller in certain positions).

### **Can change the influence of a position?**

You can't. You can balance it's effect using color, number and symbol, but you can't change completely. It's simply nature.

### **Point to remember**

Keep in mind that everything we taught here will be 100% **ONLY** if your bed and bedroom is in one single position (land, house and room). It has to be pure to only be one position.

If your bedroom is in the #3 position and the bed is in the #7 position the reading will need to blend aspects from both of those positions.

This class is all about the pure positions. Once you start looking into detail and mixing the levels you will get a better understanding.

## Conclusion

If you learn Taksa and Feng Shui you have already stepped beyond what most people know and people may even believe you have a 6<sup>th</sup> sense, because you can predict something they can't.

Think about it.

If you can look at the bed, and tell what sickness they have, people think that you are psychic.

But keep in mind that it is science. Just one people don't know about yet (except you and I).

It's literally like saying  $1+1 = 2$

If we look at a house and come up with a wrong answer, it means we've taken a wrong turn in our equations. It's something in our own conclusion or investigation that went wrong. Never the Feng Shui itself. It's impossible for nature not to be nature.

So when seeing an inaccuracy, search to find out where you may have gone wrong. Feng Shui is always correct. We just need to figure out how to interpret correctly.

## Final piece of advice

Don't pick a room that is nice or comfy to the lifestyle you like. Pick a room that is good for you that will help you change your bad habits and personal weaknesses.